



○ SUN SAFETY POLICY

1 Introduction

River Bourne Community Farm has a responsibility to ensure that students who are visiting as part of our education provisions are protected from overexposure to UV rays from the sun

The National Institute for Health and Clinical Excellence (NICE) guidelines for skin cancer prevention (2011) recommend that schools “develop, implement and monitor a specially tailored policy to ensure people are protected as much as possible. The NICE guidelines for skin cancer prevention make it clear that children should never be allowed to burn and should be made aware of how important it is to protect their skin

At River Bourne Community Farm we respect the policies set by the schools of the students who are part of our education provision, but we will also ensure that our own Sun Safety Policy is followed.

- **PROTECTION:** providing an environment that enables children and staff to stay safe in the sun.
- **EDUCATION:** learning about sun safety to increase knowledge and influence behaviour.
- **COLLABORATION:** working with parents, the management structure and the wider community to reinforce awareness about sun safety and skin cancer prevention.

2 Responsibility

The company encourages all staff to take responsibility for sun safety for themselves and the students, whilst on the farm and to ensure that the policy is followed for the students whilst they are on the farm.

CLOTHING AND SUN HATS

Clothing is one of the most effective barriers between our skin and the sun and should always be considered the first line of defence against UV exposure.

Ideally clothing should cover as much skin as possible. Shoulders should always be covered as they can easily burn.

Although the weather is hot, students will still need to follow the safety rules of the farm and where the appropriate footwear and clothing.

Sun Hats

Sun hats provided by both parents should be:

- First choice - broad – brimmed, bucket style or legionnaire to adequately shade the face, neck, ears and cheeks.
- Second choice - Baseball caps – not as effective as they do not provide shade to the neck, ears or cheeks but still better than no hat at all! However, extra care should be taken to protect the neck, ears and cheeks with suncream, as these areas can easily burn.
- We will actively remind parents to ensure students are equipped with an appropriate sun hat for use as required throughout the time they are on the farm. We will do our best to make available additional/spare sun hats for all outdoor activities in the event a parent is unable to provide one, or if a child has lost or forgotten their own.
- We ensure children wear their sun hat outdoors when UV levels reach 3 (as indexed by Defra/Public Health England)

Sunscreen

- We actively remind parents to ensure children are equipped with an appropriate protective sunscreen for use as required throughout the time on the farm.
- We make available additional sunscreen for all outdoor activities in the event a parent is unable to provide any, or a child has lost, forgotten or run out of their own.
- This is made available for parents to patch test upon request.
- We ensure pupils apply sunscreen when UV levels reach 3 or above before extended periods of outdoor activities.
- A practical approach towards the application of sunscreen is necessary, with assistance provided only where necessary to younger or less able pupils.

SHADE

- We currently provide shaded areas where children can congregate for outdoor activities but when working on the farm this may be difficult.
- Teachers will make the decision on where the children can or can't work during hot weather. especially when the UV levels reach 3

We are committed to monitoring the daily UV index during warmer months to ensure appropriate sun safety measures are implemented when necessary

STAFF AND ROLE MODELLING

- Staff will role model good sun safety behaviours such as applying sunscreen and wearing a sun hat when levels reach 3 or above.
- River Bourne Community Farm are committed to ensuring all staff are actively involved in the implementation of this policy and that they consider the UV forecast and sun protection/control measures when planning outdoor activities.

HYDRATION

- River Bourne Community Farm is committed to ensuring children are kept hydrated with drinks, particularly water, available and encouraged regularly throughout the day, especially during warmer weather and physical activity.
- Students are encouraged to bring water bottles which can be refilled throughout the day.
- Staff may need to remind the students to drink and keep hydrated during the day

Our school will regularly monitor and review the effectiveness of this policy and will update the policy on an annual basis. We will continue to access guidance and support from the NICE guidance and also the SUN SAFE SCHOOLS (Sun Safe Schools)

Policy Profile	
Policy title	Sun Safety Policy
Version number	1
Target audience	Staff
Date reviewed	XXXX
Next review date	XXXX
Revisions made to previous version	New policy